Enhanced Recovery After Surgery in Gynecology

Dear colleagues,

Enhanced Recovery After Surgery (ERAS) is a multimodal, multidisciplinary approach to the care of the surgical patient while the implementation of ERAS is a multi-level activity embracing all the members of the ERAS team. Compared with traditional perioperative care, the ERAS program represents a fundamental shift in the process of care, by including multiple interventions that attenuate surgical stress, maintain physiological function and expedite a return to the baseline state. Evidence for the validity of this approach is well known, but further levels of evidence may be required across the different surgical specialties. In practice, certain items of ERAS protocols may be more useful, while others are less effective or indeed contraindicated based on the type of surgery. This Special Issue aims to gather submissions that highlight emerging evidence in the field of gynecological surgery, along with research that strengthens heretofore weaker pieces of evidence. We welcome research from work conducted at the pre-operative, intra-operative, post-operative and post-discharge stage.

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