

Guest Editor



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The Use of Osteopathy and Physiotherapy for Woman's Health

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Dear Colleagues,

Osteopathy and physiotherapy are rapidly developing interdisciplinary sciences that seek solutions to facilitate diagnosis, and accelerate treatment and rehabilitation. Recently, osteopathy and physiotherapy have developed considerably in terms of their scientific application in treatment.

Despite their different philosophies and techniques or methods, they are widely used in therapeutic practice. The healthy lifestyle currently promoted results in the search for effective and non-invasive ways to regain and improve health.

Osteopathy and physiotherapy, used in all medical specialties, have become increasingly appreciated. In the field of gynecology and obstetrics, the use of osteopathy and physiotherapy is gaining in popularity as a supportive and alternative treatment for many gynecological diseases and for pregnant women, for instance, to alleviate spinal pain.

The purpose of this special issue is to highlight the benefits and emphasize the importance of osteopathy and physiotherapy in gynecology and obstetrics to improve women's health. The special issue can also serve as a forum to share your own experiences and challenges in developing strategies to bring osteopathy and physiotherapy closer to the patient in the healthcare system.

We believe this special issue, supported by renowned academics, will have a significant impact on both the scientific community and the practitioners of osteopathy and physiotherapy. Together we can take a major step forward in helping to promote high standards of osteopathy and physiotherapy worldwide.

Dr. Małgorzata Wójcik

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